

Hiking Schedule - April, May, June 2018

Hikes are graded according to difficulty. Consult the hike leader for a more specific appraisal.

E = Easy hike, 2-5 miles. Expect good trails, often old roads.

EM = Easy to Moderate, 3-6 miles. Expect steeper trails and more hills.

M = Moderate, 5-8 miles. Trails may be difficult walking in places.

MS = Moderate to Strenuous. Expect longer hikes with more climbing, perhaps bushwacking.

S = Strenuous. Expect long hikes and hill climbing with large elevation gains, bushwacking.

HD = Hiking Distance DD = Driving Distance MRT = Miles Round Trip PCIAFD = Please Call In Advance For Directions

You may drive your own car if you wish. However, carpooling is suggested to save gasoline and because parking at trailheads is often limited. The hike leader is responsible for arranging transportation. The amount to help defray car expenses is noted on the schedule and should be given to your driver. If you are unable to contact the hike leader and the weather is suitable for hiking, it is suggested you go to the meeting place as planned.

RESPONSIBILITY FOR SAFETY

There are certain risks that are inherent in any hike or other club activity. These include, but are not limited to, weather conditions, trail conditions, ticks, wildlife, plant and insect allergens, etc. Each NBATC member, guest, or non-member agrees to accept responsibility for his or her own safety. Adults who are accompanied by minors agree to accept responsibility for those minors. Hike leaders are responsible for hike organization, reasonable instruction and guidance, and proper documentation. Hike participants are responsible for following this reasonable guidance and instruction. By signing this form, each hike participant is affirming that he/she has read and understands these responsibilities.

From the Outing Planning Committee

If you are planning to go on a hike, please call the hike leader at least the evening before the hike. That's not only a courtesy to the hike leader, but also an aid to planning transportation to the trailhead. It's the spring quarter – there will be ticks, but also many birds, wildflowers, and flowing streams. It's one of our best hiking seasons, with freshened scenery and comfortable days.

April 2018

Sat Apr 07 Hike #6044(E)

Matt's Creek "Virginia Bluebells" (HD:4)

Leader: Jessica Harber, 434-363-5067

9:00 AM @ Boonsboro Shopping Center (DD:40 MRT, \$3)

We will start across the Foot Bridge on the A.T. On the other side of the river, we'll immediately detour off the trail to (what will hopefully be) two large beds of Virginia Bluebells, if our timing is lucky. We will then continue to the Matt's Creek shelter and return by the same route.

Sun Apr 08 Hike #6045(MS)

North Mountain to Longdale Furnace (HD:9)

Leader: David Agnor, 614-323-5310

8:00 AM @ Boonsboro Shopping Center (DD:135 MRT, \$5)

Hikers will enjoy great views of the Shenandoah Valley and House Mountain as we follow the ridge line during the first 3 to 4 miles. We'll be trending down during the remainder of our hike as we descend almost 2000 feet. There will be a short 4-mile run-around on this one-way hike. The Boonsboro carpool will meet hike leader at the Lexington Tractor Supply parking lot (800 N. Lee Hwy.) Lexington directions: from Rt. 60 go north onto Rt. 11 Bypass...look for Tractor Supply on the right after crossing the Maury River.

Sat Apr 14 Hike #6046(M)

Terrapin Mountain – Lower Trail (HD:7)

Leader: Marilyn Hartman, 434-384-7075

8:30 AM @ Boonsboro Shopping Center (DD:40 MRT, \$3)

This hike is on an old woods road that generally follows a contour line near the base of Terrapin Mountain. There are several nice views along the way. We'll turn around at Reed's Creek, a beautiful trout stream, and return by the same route.



Photo by Jessica Harber

April 2018 (Cont'd)

Sun Apr 15 Hike #6047(EM)

Slower Pace Hike: Sweet Briar College (HD:6)

Leader: Angelo Mercado, 434-941-9843

9:00 AM @ Madison Heights Lowe's (DD:30 MRT, \$3)

Sweet Briar College is set on 3,250 acres in the Blue Ridge Mountain foothills. We will start at the parking lot close to the cafeteria and follow the road to the horse stables and riding center. We will visit Monument Hill to view the family cemetery. Other sites include: the foundation of the old observatory; two lakes; open fields; woods; wetlands; and the slave cemetery. We will end at the campus cafeteria. Optional: Lunch at Cafeteria (\$8)

Sat Apr 21 Hike #6048(EM)

Blackwater Creek Hike (HD:6)

Leader: Jordan Welborn, 434-209-4935

1:00 PM @ Percival's Island Parking Lot (Local)

We'll walk on the blacktop to the Amherst side and back.

Sun Apr 22 Hike #6049(E)

Lynchburg's Historic Cemeteries & Garden (HD:3 / 4)

Leader: Becky Mahlburg, 816-261-6372

1:00 PM @ Presbyterian Cemetery, 2020 Grace Street (Local)

We'll start at Presbyterian Cemetery, including its Confederate burial site and architecture from various European cultures. Next, we'll drive to Old City Cemetery, est. in 1806 and the oldest Virginia cemetery still in use. Judy Harvey, local historian with the Lynchburg Visitor's Center, will join us on the cemetery tour. If you have more time, we are adding an optional post-tour at the beautiful Ann Spencer Garden in the Pierce St. Historic District.

Sat Apr 28 Hike #6050(EM)

Foot Bridge Lollipop to Sheppes Pond (HD:5)

Leader: Coby Pieterman, 540-586-8464

8:00 AM @ Boonsboro Shopping Center (DD:40 MRT, \$3)

We'll take the A.T. along scenic Rocky Row Run, then cross Hercules Road and continue to Johns Hollow Shelter. From there, we follow a blue blaze trail to Sheppes Pond and back to Hercules Road where we will follow the A.T. back to the Foot Bridge. Boonsboro S.C. carpoolers will meet the hike leader at the Foot Bridge around 8:30.

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April 2018 (Cont'd)

Sun Apr 29 Hike #6051(MS)
Slower Pace Hike: Torry Ridge-Sherando-White Rock Gap-Slacks Trails Loop (HD:9)
Leader:Norman & Jinx Sykora, 434-946-7084
8:00 AM @ Madison Heights Lowe's (DD:100 MRT, \$5)

This slower pace hike forms a loop from 4 different trails, Slacks, Torry Ridge, Blue Loop, and White Rock Gap Trails, completing the loop back on the Slacks Trail, with a section going through Sherando Recreation Area. The hike begins and ends at MP 20 on the Blue Ridge Parkway.

May 2018

Sat May 05 Hike #6052(EM)
Slower-Pace Hike: Trillium and Birding Hike - Thunder Ridge to Petites Gap on the A.T. (HD:4)
Leader:Nancy Anthony, 434-283-5431
9:00 AM @ Boonsboro Shopping Center (DD:50 MRT, \$3)

This will be an easy-paced walk on the A.T. from the Parkway at Thunder Ridge Overlook to Petites Gap. Along the way we'll look for spring wildflowers, including trillium, and listen for bird calls. Come out and enjoy the spring wildflowers and our feathered friends. Anyone wishing to join and go faster is welcome to come along and provide his or her own transportation.

Sun May 06 Hike #6053(E)
Claytor Nature Center Trails (HD:4)
Leader: Polly and Bob Flint, 434-841-7633;
1:30 PM @ Forest Square Shopping Center or 2:00 PM at entrance at 1844 Woods Road (DD:30 MRT, \$3)

The 470-acre Claytor Nature Study Center encompasses freshwater streams, woodlands, wetlands, grasslands, rare plants, wildlife, and a portion of the Big Otter River. The 18th century farm and plantation house were given to Lynchburg College by A. Boyd Claytor III as an education and research center for environmental study and to preserve the land for future generations. We'll hike the nature trails that wind their way through the preserve. Please Note: No dogs allowed on this hike.

Sat May 12 Hike #6054(S)
Punchbowl Crossing to the Foot Bridge on the A.T. (HD:11)
Leader:Mike McCormack, 434-384-1944
8:00 AM @ Boonsboro Shopping Center - Meet Hike Leader at the James River Foot Bridge at 8:30 (DD:50 MRT, \$3)

Enjoy a hike along a section of the A.T. with several nice viewpoints along the way, including from the top of Bluff Mountain. Plan on lunch at Fullers Rocks and then a long downhill and leisurely stroll along beautiful Rocky Row Run on the way to the finish. Note: This A.T. hike includes an 11 mile section of NBATC's maintenance responsibility for those members working on their 88 Miler patch.

May 2018 (Cont'd)

Sun May 13 Hike #6055(E)
Slower-Pace Hike: Lady's Slippers on Cove Mountain (HD:4)
Leader:Nancy Anthony, 434-283-5431
1:00 PM @ Forest Square Shopping Center (DD:70 MRT, \$4)

This spring wildflower hike is an NBATC Mother's Day tradition. In past years, we have found dozens of lady's slippers along the Cove Mountain section of the A.T. Jessica Harber, an excellent nature photographer, is co-leading and will provide instruction on nature photography for those who would like it. Bring your camera (point-and-shoot cameras are fine) and plan to count and, if you choose, photograph the lovely early wildflowers. In past years we have both heard and spotted scarlet tanagers. Plan to stop at a vernal pool.

Sat May 19 Hike #6056(M)
Rocky Row Trail (out and back) (HD:6)
Leader:Carol Caswell, 434-907-5629
9:00 AM @ Boonsboro Shopping Center (DD:40 MRT, \$3)

We will hike up the Rocky Row Trail from US 501 to its junction with the A.T. and then continue a little farther to Fullers Rocks. We will take time for a snack and enjoy the great views which overlook: the James River, Tobacco Row, and east toward Lynchburg. We'll return using the same trail to 501.

Sun May 20 Hike #6057(S)
The Priest from Spy Rock Road to Rt. 56 on the A.T. (HD:10)
Leader:Herb Vreeland, 434-385-1826
8:00 AM @ Madison Heights Lowe's (DD:80 MRT, \$4)

We'll start by walking up Spy Rock Road and take time to visit Spy Rock. We will continue north on the A.T., climbing over Main Top Mountain and pass Crabtree Farm Road. From here we will climb to the top of The Priest and enjoy the valley views from a large rock outcropping. The hike finishes with a long steep downhill to the trailhead on Route 56. Note: 88 Miler Patch Qualification Hike...This A.T. hike includes a 9 mile section of NBATC's A.T. maintenance responsibility.

Sat May 26 Hike #6058(M)
Slower Pace Hike: Appomattox Surrender Grounds Trail (HD:8)
Leader:T. C. Harvey, 434-352-8763
9:00 AM @ Fairview Square Shopping Center - form carpool, meet hike leader at Kroger in Appomattox (DD:50 MRT, \$3)

Walk in this gently rolling woods and learn more about this important historical site.



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May 2018 (Cont'd)

Sun May 27 Hike #6059(S)
Whetstone Ridge Trail (HD:12)
Leader:John Vosburgh, 540-348-6380
8:00 AM @ Madison Heights Lowe's - Meet hike leader at Buena Vista Visitor's Center at 9 AM (DD:90 MRT, \$4)

The hike will begin at Milepost 29 on the Blue Ridge Parkway at Whetstone Ridge Visitor Center. The trail runs along the spine of the ridge for approximately 8 miles and offers great views, including Three Ridges, The Priest and Adams Peak. There are many short climbs and drops along the ridge. The last few miles descend 1250 feet before exiting on VA 603. There will be a 35 minute shuttle from VA 603 to the Parkway. NOTE: Buena Vista Visitor's Center is on Rt. 60. Address: 595 E. 29th St.

June 2018

Sat Jun 02 Hike #6060(E)
Adopt-a-Highway (HD:3)
Leader:Cowles Meredith, 434-841-8333
9:00 AM @ Boonsboro Shopping Center (DD:40 MRT, \$3)

NBATC cleans up litter along a section of US 501 and VA 130 near the A.T. crossing at the Foot Bridge. Please come out and help keep our area free of litter and earn some maintenance hours too! Please call, text, or email to let the hike leader know you plan to attend.

Sun Jun 03 Hike #6061(MS)
Combo Hike: Flat Top and Falling Water Cascades Loop (HD:5 / 7)
Leader:Mahendra Punatar, 434-221-0792
9:00 AM @ Forest Square Shopping Center (DD:50 MRT, \$3)

The first 5-mile hike will start at the Blue Ridge Parkway access to Flat Top, up and back. We will add the additional 2-mile Falling Water Cascades loop for hikers wanting to hike the full 7 miles. We will stop for snacks on the Flat Top overlook and again on the rocks near the cascading waters. Please contact the hike leader to let him know if you are hiking one or both hikes and that you plan to attend.

Sat Jun 09 Hike #6062(MS)
Thunder Ridge Overlook to Floyd Field on the A.T. (HD:7)
Leader:Laurel Foot, 434-384-0013; Gary Nero, 434-384-0013
8:00 AM @ Boonsboro Shopping Center (DD:60 MRT, \$4)

The hike will begin at Thunder Ridge Overlook, climb to the top of Apple Orchard Mountain (4225'), and descend to Sunset Field. From there, we will have a couple of ups and downs before finishing at Cornelius Creek/Floyd Field. We should have great views from Thunder Ridge and Apple Orchard Mountain. Note...88 Miler Patch Qualification Hike: This A.T. hike includes a 6 1/2 mile section of NBATC's maintenance responsibility.

June 2018 (Cont'd)

Sun Jun 10 Hike #6063(E)
James River State Park (HD:3 / 4)
Leader:Nora Cox, 434-845-0048; Jim Cox, 434-845-0048
1:30 PM @ Madison Heights Lowe's (DD:50 MRT, \$3)

We will take an ecological exploration of the James River State Park hiking trails. Come out to our local state park and enjoy a wonderful summer hike.

Sat Jun 16 Hike #6064(MS)
Apple Orchard Falls and Cornelius Creek Trails Loop (HD:8)
Leader:Mike McCormack, 434-384-1944
8:00 AM @ Boonsboro Shopping Center - form carpool and meet leader at Sunset Field on the Blue Ridge Parkway (DD:60 MRT, \$4)

We will hike down the Apple Orchard Falls Trail past beautiful Apple Orchard Falls all the way down to North Creek. There we will take the Cornelius Creek Trail back up the mountain, then take the A.T. back to Sunset Field.

Sat Jun 16 Hike #6065(M)
Backpacking weekend on A.T. (June 16 & 17) (HD:7)
Leader:Becky Mahlburg, 816-261-6372
10:00 AM Contact the leader a week in advance for details and planning. (DD:65 MRT, \$4)

Are you ready to dust off your backpacking gear...or try it for the first time? Join us for a beginners' 1-night backpacking trip "on the A.T." On Saturday we will hike 3 miles from Harveys Knob Overlook to the Bobblets Gap Shelter to spend the night. On Sunday, we will hike another 3.5 miles to Bearwallow Gap and our cars. Contact the hike leader at least one week in advance for questions, packing list and more details.

Wednesday Work Hikes - We have work hikes almost every Wednesday. If you are interested in a work outing during the week, please contact Eric Anderson in Moneta at 540-721-1994 (eric.anderson.sml@gmail.com) or Trudy Phillips in Lynchburg at 434-384-4870 (trudyephillips@gmail.com).

Thursday Hikes - For easy-to-moderate hikes, contact Dot Craig at 540-586-0519 (dcspirit1@aol.com). For moderate-to-strenuous hikes, contact Bev Henderson at 540-583-5289 (ranbhenderson114@gmail.com).

Friday Hikes - If Friday is a more convenient day to go hiking, call Mary Jane Davis at 434-841-7630, Herb Vreeland at 434-219-9849 or Laura Jones at 434-221-1797. Hike with the "Day Flowers."

Saturday Work Hikes - We have work hikes almost every Saturday. If you are interested, call Jason Hammer at 434-401-4204 for the meeting place.

Sat Jun 23 Hike #6066(VS)
Xtreme Adventure Hike: Andy Layne Trail, Tinker Cliffs, Scorched Earth Gap and Hay Rock (HD:14)
Leader: Wilma Vargas, 908-268-5036
7:30 AM @ Waterlick Plaza - Meet Hike Leader: 8:30 AM Daleville Commuter Parking Lot on US 220 (DD:130 MRT, \$5)

We will start our hike going up the Andy Layne Trail heading to Tinker Cliffs. Then we will hike north on the A.T. past Scorched Earth Gap and continue to Hay Rock, while enjoying the views of Carvins Cove Reservoir. Our hike will end at the trailhead in Daleville on US 220. This will be a key exchange if enough hikers sign up. Please call the hike leader to reserve your place on this very difficult 14-mile hike to allow her to plan for the cars needed at the two trailheads.

Sun Jun 24 Hike #6067(EM)
Slower-Pace Hike: Meet Up Hike: Peaks View Park Trails (HD:3 / 5)
Leader: Larry Scott, 434-525-7126;
Herb Vreeland, 434-385-1826
1:30 PM @ Peaks View Park, Ardmore Drive (Local)

Slower-Paced Hike: NBATC invites members and non-members to meet up and hike some of the many trails in Peaks View Park. We'll meet in the Ardmore Drive parking area and collectively decide which trails to hike. Hikers can opt out at three miles or continue hiking. Minors must be accompanied by a parent, legal guardian, or other responsible adult. Dogs must be kept on leash at all times, and owners must come prepared to clean up after their pets.

Sat Jun 30 Hike #6068(S)
Hunting Creek, A.T. and Glenwood Horse Trail (HD:9)
Leader: T. Upshur, 434-610-8808
9:00 AM @ Boonsboro Shopping Center (DD:50 MRT, \$3)

This circular hike, with a short drive around, will take us through the (hopefully) blooming rhododendron tunnel on Hunting Creek Trail. Then we will hike the A.T. to Petities Gap and take the Glenwood Horse Trail down (then up) to FR 45.

Earn a 100, 500 or 1000 Mile Hiking Patch

Patches will be awarded at the 2019 February Awards Dinner Meeting to members who hike 100, 500 or 1000 miles this year. Members can earn each patch only once and only one patch per qualification period.

Qualification period: October 1, 2017 to September 30, 2018.
Qualifying hiking miles: all NBATC scheduled Thursday, Friday, weekend and maintenance hikes.

Questions? Contact Jessica Harber (jessicakharber@gmail.com)

2017 100-Mile Hiking Patch Earners

100-199 Miles

Gary Nero, Sarah Dunstan, Janet Kiernan, Ann Richards, Eric Anderson, Jeff Monroe, Marilyn Hartman, Susan J. Jennings, Margaret Overstreet, Georgia Delbridge, Jessica Harber, Larry Scott, Shannon Brennan, David Benavitch, T. C. Harvey, Lisa Ray, Andy Woody, Becky Mahlborg, Dorothy Freerksen, Patty Mason-Goggin, Christy Boone, Carol Caswell, George Richards, Candy Lawhorne, Gloria Cooper, Mike Rieley, Teresa Godsey, Janet Neal, Jill Hardesty, Laura Neale, Lee Spradlin, Angelo Mercado, Sally Santmyer, Sallie Eades, Marilou Wegert, Francis Carter, Steve Lichiello and Laura Jones

200-299 Miles

Mary Jane Davis, Anita Smith, Norman Sykora, Liz Alcock, Coby Pieterman, Jeffrey Kornblum, Frank Huddle, John Phillips and Trudy Phillips.

300+ Miles

Doug DeJarnette, Karen Huddle, Patricia Held, Nancy Anthony, Scott Noe, Beverly Voigt, Edward D. Wayland and Bev Henderson.

Konnarock Week 1 May 26-30

Sunday, May 27
Pot luck picnic at Watson's Pond off the Blue Ridge Parkway. A beautiful spot to commune with nature, enjoy the outdoors, and have a great meal.

Konnarock Week 2 June 6-10

Saturday, June 9
Pot luck picnic at Watson's Pond off the Blue Ridge Parkway. A beautiful spot to commune with nature, enjoy the outdoors, and have a great meal.

Konnarock Week 3 June 14-18

Sunday, June 17
Pot luck picnic at Watson's Pond off the Blue Ridge Parkway. A beautiful spot to commune with nature, enjoy the outdoors, and have a great meal.

NBATC HIKE MEETING PLACES

- **Madison Heights Lowe's** - On US 29 in Madison Heights. Meet on the library side of the parking lot, in front of Goodwill, but nearest to the highway.
- **Boonsboro Shopping Center** - On Boonsboro Road. Meet on the Starbucks side of the shopping center.
- **Buena Vista Food Lion** - On US 60 west of downtown Buena Vista. Meet on the side of the parking lot adjacent to US 60.
- **Fairview Square Shopping Center** - Off Campbell Avenue just before the US 460 exit (turn at Burger King).
- **Forest Square Shopping Center** - On Rt 221 in Forest. Meet near BB&T Bank.
- **Waterlick Plaza** - On Timberlake Road (Rt 460 Business). Meet near Wells Fargo Bank.